

GIRLS' TRACK & FIELD 2021



WELCOME TO EISENHOWER TRACK AND FIELD!

This packet will hopefully contain all the information for you and your parents regarding the upcoming track and field season. Please, if you have any questions about anything – do not hesitate to reach out to me via Remind.

Coaches Coach Greb – Girls Head Coach and Distance Coach

Coach Kluz – Girls Assistant Coach and Jumps Coach

Remind @ikegirlstf – You can always reach out to Coach Greb or Coach Kluz from here.

First Day of Practice Monday, March 22nd

Schedule The calendar and meet information can be found on www.athletic.net by searching for “Utica Eisenhower”. All meet results (and past ones!) can be found here as well.

REQUIRED

- Planet HS
 - Parent and student account MUST be linked otherwise you cannot practice.

What do you need for practice?

- Clothes to practice in (gym clothes work) **if it is above 40 degrees, we will be outside!!**
- Proper pair of shoes and track spikes for meet day.
 - Hanson’s Running Shop in Utica has a selection of track spikes for all events.
- Water, Gatorade, etc.

TEAM SHOP (additional info can be found in Remind)

LINK -> <https://www.bsnteamssports.com/shop/ikegirl2>

Shop closes Tuesday, March 30th.

2021 Schedule – more info can be found on athletic.net

- Mon, Mar 22 🕒 First Day of Practice
- Fri, Apr 9 🏠 SPRING BREAK CLASSIC (9TH-10TH INVITE)
- Wed, Apr 14 🏠 MAC RED: Dakota vs. Eisenhower
- Tue, Apr 20 🏠 GPS @ Eisenhower
- Fri, Apr 23 🏠 vs Anchor Bay and Utica
- Tue, Apr 27 🏠 Eisenhower @ Chip Valley
- Sat, May 1 🏠 Anchor Bay Relays
- Tue, May 4 🏠 Eisenhower @ GPN
- Fri, May 7 🏠 Harold Arft Sterling Invitational
- Tue, May 11 🏠 Romeo @ Eisenhower
- Fri, May 14 🏠 Davison Twilight Classic
- Sat, May 15 🏠 17th ANNUAL DAKOTA COUGARS INVITATIONAL
- Tue, May 18 🏠 MAC RED DIVISION MEET
- Fri, May 21 🕒 Regional Meet
- Wed, May 26 🏠 Macomb County Championship
- Tue, Jun 1 🏠 JV MAC-COUNTY CHAMPIONSHIPS